Arch Cape/Falcon Cove Beach Community

A Newsletter

May 2016

Welcome to Spring in Arch Cape

50th Anniversary Celebration at our Annual Meeting, with Potluck & Great Music – May 21, 2016!

by Dan Seifer

The Annual Meeting of the Arch Cape Falcon Cove Beach Community Club will be on Saturday, May 21, at the fire station (79729 Highway 101, between Castle Rock Estates and the historic cannon marker wayside). This celebrates the 50th anniversary of your club!

A potluck supper begins at 6:00 p.m. Bring an entrée, side dish or dessert to share, and your plate, silverware and beverage. Wine is available for a modest contribution.

The yearly business meeting immediately following the potluck is for the election of officers, review of the Club's activities for the past year and current financial condition, and planning the Club's activities for 2016-2017. Your input is vital to making the Club you want it to be. If you are able to volunteer for any Club participation or activity, please contact any officer or Board member by May 15.

Following the meeting, enjoy the wonderful music of Thistle and Rose, featuring Arch Cape's own Paul and Margo Deuber, Bob "Bobcat" Rice on guitar, and Cami Lira (of Cannon Beach Bookstore fame).

Mark your calendar!

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Tunnel Echoes

Meet Your Neighbor: Tim Crawford

by Linda Lapp Murray



Tim Crawford, by his own words, states that his epitaph should read: "A Common Man Who Did Uncommon Things." Talk about a guy with passionate pastimes, between astronomy and ham radio, the conversation can take many an interesting turn. Who knew we had an astronomer in Arch Cape!

What a treat to find out that my favorite character in The Arch Cape Chronicles was Tim's step-grandmother, Elizabeth Archer. She built her cabin where the Hills live now. She and the children carried the lumber on the beach around Hug Point from Cannon Beach in the 1930s.

Tim was 11 the first time he saw Arch Cape with his mother Doris and stepdad George. They built the "one room cabin" beginning in the summer of 1953. George never had any house plans, just notes on the backs of envelopes made at the kitchen table in their house in Portland. Of course Tim was expected to help, but after a couple of hours, George would tell him to go play on the beach. Tim remembers that his dad hired a bricklayer with one arm because "he worked cheap". Watching Dad & this one-armed guy work together made for good laughs.

Tim and his wife Carole met while attending Grant High School in Portland. Carole is "one of those people who has to keep her hands busy". So, while Tim is busy with his passions, Carole quilts, collects and creates bears, reads, or watches old movies. She loves to read what she calls "Cozy Mysteries" and gets through 2 or 3 day.

When she ran out of places to display or gift her quilts, she started

making quilts for the Seaside library children's room. The first one was a dragon, then there was Olivia the pig, The Very Hungry Caterpillar, and many others. At this point, the library displays about 8 of her quilts.

In 1967 Tim answered an ad in the Portland newspaper to manage The Alaska Cleaners in Anchorage. He got the job, so the family, with four kids in tow, moved to Alaska. The kids were Tim Jr, who is getting ready to retire, Carrie, who lives in Seattle with her husband, a photojournalist with a local TV station. Their sons Chris, Todd and Teague have passed away. Now, Tim and Carole are raising Teague's son Mason, who is 14 and goes to Seaside High School. He competes in all sports. Right now, he is playing golf.

While they lived in Alaska, Carole was a file clerk for Enstar Energy. It was there they adopted their little brown Cairn Terrier, Baxter, who walked the beach with Tim each day. Baxter lived to be 18 years old.

Back in Arch Cape, George & Doris finally finished the "cabin" in 1976 and retired full time to the community. Unfortunately, Mom passed away in 1980 and Dad followed in 1987. Then Carol's parents, Chuck & Zelma Bothell, retired to the "Crawford House". In 1999 it became clear they needed to be near their doctors, so the couple moved back to the valley.

When the family moved to Alaska, Carole's only request was a promise not to retire in Alaska. At that point, in 2001, the kids were on their own so Tim and Carole began to consider where to retire. Arch Cape wasn't high on the list after 35 winters in Alaska, but they realized they didn't really like temperatures over 80 degrees anyway, so when Carole flew down to check it out, Arch Cape turned out to be perfect.

There was only one challenge. Since the age of 10 or 11, Tim had wanted to be an astronomer. But when he figured out that astronomers didn't make a whole lot of money in those days, he took it up as hobby, or should we say, a very serious endeavor. He built his first observatory while living in Alaska and built a second one in the back yard of "Crawford House" in Arch Cape. In Alaska, Tim figures the night sky is clear about 30% of the time, but in Arch Cape he can only use his telescope about 18% of the time. However, even on clear nights in Alaska, he had to deal with the Northern Lights and temperature 32 degrees below zero! Here, he deals with clouds or east winds that disturb the atmosphere making it difficult to define the star intensity he is measuring.

Tim was the recipient of The William Tyler Olcott Distinguished Service Award by American Association of Variable Star Observers. There are about 1100 amateur (and I hate to use that word) members world-wide that help the professional astronomers who use "the big glass" like Palomar Observatory to do spectroscopy, while the AAVSO members who use "little glass" do photometry. They share their measurements of star light intensity with the professionals.

Now, if that doesn't take up enough brain space, Tim is also a ham radio operator. He took up the hobby after our big storm in 2007. All roads were blocked, so there was no way out & with no power or phone, no way to reach family or friends. Ham radio seemed the answer for emergency preparation.

But more interesting, is contact with the whole world! There are contests where ham radio operators compete to see who can contact the most entities in a weekend. Tim has reached over 155 countries and all 50 states. From Easter Island to Estonia, Greenland to Grenada, Montenegro to Morocco... he's reached them all!



The History of The Arch Cape New Year Pacific Plunge Compiled & Photographed by Linda Lapp Murray with Text by Barb Beemer Moritz Historic Photographs Contributed By The Community There are a few more copies available of The History of the Arch Cape New Year Pacific Plunge: A retrospective photography book of a 50 year tradition.

The cost of the glossy coffee table book is \$45. Call Linda Lapp Murray 503.436.0893.

Transient Lodging Occupancy Tax Report

by Court Carrier

What a month it has been! On February 20th we held our last Arch Cape/Falcon Cove Community Meeting, and during our meeting we heard that the Clatsop County Commission Board would be meeting the following week on February 24th to discuss ways to allocate the Transient Lodging Room Taxes brought in from unincorporated Clatsop County lodging and vacation rental properties. Court Carrier was asked to attend and find out more about that discussion, and as it turned out, the meeting that night was actually to award money in allocations to a number of potential recipients.

During the public comment section of the Board of Commissioners Meeting, Court Carrier made a 3 minute presentation regarding the desire of the Arch Cape/Falcon Cove Community Board to recommend a proportionate amount of the taxes that are collected from Arch Cape/Falcon Cove, be returned to Arch Cape/Falcon Cove to be reinvested in the community. After the Board of Commissioners went into their new business agenda segment, they agreed that the best use of the funds would be to return them for the use of the Arch Cape/Falcon Cove Tourism and Community Development efforts.

What this will mean is that an allocation of approximately \$175,000 for the fiscal year 2016-2017 will be available for projects and promotions that might have some benefit to Tourism, and also to the community residents. It must comply with the Oregon Revised Statute laws regarding the Transient Lodging Occupancy Tax Funds.

The County Manager and the County Finance Director met with a small group of Arch Cape residents and Cannon Beach Tourism managers to talk about the organization and administration of the funding. Since it must be allocated to an "approved Tourism Agency" the County Board of Commissioners agreed to fund Arch Cape/Falcon Cove through the Cannon Beach Chamber of Commerce and Visitors Center (our local DMO- Destination Marketing Organization).

A steering committee is being gathered together with both residents and industry alike to begin to gather ideas from the community regarding what types of projects and efforts should be embarked upon. We all want the same thing, an outstanding quality of life in Arch Cape/Falcon Cove, and maintaining a Sustainable Tourism effort that will not impact our neighborhood negatively, yet bring some desired improvements that will benefit both residents and visitors alike. We hope that everyone will share their input with this steering committee as they meet with the community and gather information about how best to put this money to work for the betterment of Arch Cape/Falcon Cove, and the businesses that have generated those funds.

We look forward to working with all of you to make that happen in a positive way.

Water District Board Position

The Arch Cape Domestic Water Supply District is seeking applicants for the Domestic Water Supply District - Position 2. The unexpired term will end June 30, 2017. Arch Cape registered voters are eligible.

The Water Board will appoint a resident to fill the position at the regular Domestic Water Supply District Board meeting 6:00, Friday June 17th at the Arch Cape Fire Hall.

Application forms are available and will be received through 4:00PM, Friday June 17th.

Arch Cape Domestic Water Supply District 32065 E Shingle Mill Lane Arch Cape, OR 97102 503.436.2790 philchickacutil@gmail.com http://archcape.com

Remembering Irene Christie Tyrrell

August 18, 1921 – November 15, 2015

Long time Arch Cape resident Irene Tyrrell passed away in Wheeler, Oregon on November 15, 2015. Irene spent many years in Arch Cape as a young child, staying in the cabin then owned by Bert Patton, a home where she would reside in her later years. Her early years in Arch Cape were before the tunnel and highway so the trips in and out of the community were timed for the low tide and required a trip on the beach going around Hug Point.

Irene was born in St. Helens and graduated from Oregon State University. She married James Mosby in Corvallis and subsequently lived in different locations in the western US. When James Mosby died in 1968 she moved to Arch Cape, as a permanent residence. In 1971 she married Travis Tyrrell who was then running the Cold Comfort Farm antique shop on Leech Avenue. The two of them ran the shop for many years and enjoyed roaming the country on antique finding expeditions. Travis died in 1993.

Irene moved to Seaside, Oregon a few years ago to take residence at the Suzanne Elise assisted living facility there. She knew a number of the residents there before moving in and made several new friends there.



Irene saw some amazing events and changes in the world during her 94 years. She worked as a bank teller, at a store in Gearhart that sold a combination of sporting goods and native American items, and worked in the antique shop with Travis. Irene transcribed Braille for many years. She started this when living in Arizona in the 1960s as a volunteer for the Arizona Blind Foundation. She continued as a volunteer Braille transcriber after moving to Oregon. Irene had a long involvement with the Cannon Beach Library serving as president at one time and also volunteered at the Seaside Providence hospital gift shop.

Irene is survived by her son, Dale Mosby, daughter-in-law Mary Jo Mosby, and granddaughter Harmony Mosby.

Birthday Poems

Every year between 1976 and 2012, Jim Markham created a birthday poem for Irene Tyrell. The poems were written in the cabin record book.

Being far too wonderful to remain pasted in the record book, they were scanned and are available on the Arch Cape website at http://www.archcape.com/history/lrenePoems/index.html

This Old House: The Leech House Story

by John Piatt

Before there was a road to Arch Cape, the beach at low tide was the highway. The only point to get off the beach was through the sand to what was then Walsh Avenue (now Leech Lane).

Albert and Nellie Leech visited Cannon Beach with their daughter Elsie in the early 1920s and took a stage tour down the coast to Arch Cape. A few years later, Nellie purchased a one-room cabin in Arch Cape, previously used by Oregon State Highway Department Engineers while planning the bridge and tunnel, and had it moved to a lot on the north side of Mill Road. The family vacationed in this cabin for a couple years and then lived at the Arch Cape widowed and they were married. They made their home in the log cabin where she and son Dale lived.

Linda Lapp Murray remembers coming to Arch Cape as kids and staying in one of the Arch Cape Cottages which they rented from the Leeches whom they knew. Years later, after Linda was grown and married to a New Zealander named Ian Murray, a happy twist of fate occurred. They were both professional photographers and had come to Cannon Beach to shoot a wedding. Looking for a place to photograph the wedding party, they were driving south on Highway 101 when Linda recognized the area and told Ian to turn down Leech Avenue, knowing that it

cottages that Nellie managed for S.R. and Winifred Diefendorf for several summers. In April 1934, Albert and Nellie purchased the four Arch Cape Cottages together with a large beach-front cabin. They assumed the Diefendorf's \$1500 mortgage to Mr. W.C. Parks plus ten dollars



cash, made the big house their home and continued to rent out the cabins.

Upon her parents passing, daughter Elsie Wood inherited the Leech home and cabins in 1951. Elsie and Marshall Wood built another home just south of the main home on the same property. They sold the entire parcel with two houses and cabins to Travis and Dorothy Tyrrell in April 1966 after Travis' retirement from work with the US Forest Service and Bureau of Land Management. Dorothy had previously had an antique business which she moved into one of the cottages. Dorothy died in 1969, and two years later, Travis met Irene Mosby, who was also recently would be the perfect setting. As they reached the end of the road, Linda spotted a "For Sale" sign for the house and cottages where she had vacationed as a young girl. She says that she was so preoccupied with visions of purchasing this property that she was practically useless for taking wedding photos.

They purchased the Leech

home from Travis Tyrrell's family in 1996, first remodeling one of the cabins making it into a 450 square foot cottage; an early version of today's "tiny home." Now with a comfortable place to stay, Linda and Ian redesigned the original ocean-front home, going from plans to cardboard model before committing to actual construction. Because the house was built on logs, they had to raise the house to provide a foundation. Because the house was considered "a non-conforming structure", they were limited to increasing the footprint of the house by only 10%, but the house was bumped out on the north and south sides to accommodate a larger kitchen, master bedroom, bath and utility room on the ground floor.

Straight-grained fir flooring and ceiling from the original house are still present. The original fireplace was removed and a new one built in another location with rocks brought around the cape from Cove Beach. This was to make way for an entry on the east side of the house to replace the original entry on the southwest corner into an enclosed porch/sunroom. A garage was added on the east with a bonus kids' bunkroom above. Interior stairs to two upstairs bedrooms replaced an exterior stairway to what had been a rental unit upstairs, with a enclosed toilet and shower outside on the landing.





The house was closed in but without interior walls by the end of 1998. To celebrate, Linda and Ian invited the community in for a New Year's party that Ian called "Slip Jig on the Subfloor" which was attended by about 90 people. The home was completed gradually over the following year or two. Linda's artistic touch is evident throughout the house, from the oar above the island used as a pot hanger, to the mosaic tile and shell work in bathrooms.

Today, Linda Lapp Murray still owns the home and uses the cottages for family and guests.

50th Anniversary Report Card for the Arch Cape Falcon Cove Community Club

by John Piatt

"In January, 1966, a temporary committee of Arch Cape residents sent letters to neighboring home owners inviting them to attend a meeting to discuss forming a community group, based on the Nea-Kah-Ni Community Club. It was to have by-laws, officers and dues, and its purpose was to help in seven distinct areas" (below) (From the *Arch Cape Chronicles* by Dave and Alma English)

With these objectives and neighbors coming together, the community club met for the first time February 12, 1966 in the hall of St. Peter the Fisherman Church in Arch Cape.

With fifty years behind us, it's worthwhile to review our progress toward these goals:

- 1. Lower fire insurance rates.
- 2. Devise a tsunami warning system.
- 3. Create a closer relationship with the County Planning Commission.
- 4. Police our beach and residences.
- 5. Request county attention to our roads.
- 6. Improve sanitation.
- 7. Lower the rate of speed on the highway through Arch Cape.

Come to the potluck meeting May 21st for a detailed review of our progress.

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Commissioner's Corner: Updates and More

by Lianne Thompson, Clatsop County Commissioner, District 5

Last time I talked with you about the forestry issues hereabouts. As I wrote, "The biggest and most impactful change on the public policy horizon is the rewriting of the Forest Management Plan that regulates timber operations in Oregon. This gets very complicated very quickly, as you can imagine."



Things got even more complicated in March when the Linn County Board of

Commissioners filed a class action breach of contract lawsuit against the State of Oregon and the State Forestry Department. Why does this matter? Because it's about money. A lot of money, and it's money that pays for our public services.

Timber revenue from these trust lands counties, including the big gorilla of Clatsop County, is what provides timber revenue to the counties and specific taxing districts within these counties.

Why does this matter to you? Because all these governmental entities need adequate and stable income to provide public services like fire protection, public health, county roads, public education, health district services, law enforcement, recreation, and others.

I want to linger a bit in the legal weeds, because you'll be seeing even more letters to the editors of local newspapers as time goes on. You've already heard the phrase, "Cut more trees, cut more trees, cut more trees!" repeated as a mantra in the 2014 county commissioner election in Clatsop County.

Is that the answer to our need for adequate and reliable revenue for our public agencies? Let's talk.

This trust agreement between the fifteen Forest Trust Land Counties and the State of Oregon has been found twice before by the courts to be a contractual agreement.

The gist of the current lawsuit is that the definition of "greatest permanent value" has been changed unilaterally by the State as it has drawn up its administrative rules to govern forest practices.

"Greatest permanent value" used to mean mainly that the maximum timber revenue should be realized from timber sales on the Trust Land forests. Recreation and watershed protection have always been a part of the "greatest permanent value" consideration, but their role was secondary.

The next legal issue is whether or not the fifteen Forest Trust Land counties and those relevant taxing districts constitute members of a class for a class-action lawsuit.

Why should you even want to bother understanding all this? Because we're in the midst of a community conversation that will determine our economic, ecological, and cultural landscape. Elected and appointed policy makers do the best we can in this democratic republic to make and implement good public policy. We can't do it alone.

Members of the broader community help us determine what that is. Of course the courts play a role. But lawsuits are blunt instruments of public policy. A better way is to have profound and significant public policy discussions about these issues so that we form ourselves into a connected, inclusive, and thoughtful community.

We need an economy that supports public services and provides good jobs. We need a beautiful world with air we can breathe, water we can drink, and healthy means of producing food, goods, and services. The answer for how we do that requires all of us thinking, speaking, and acting together.

Arch Cape Water District Welcomes New Plant Operator

by Phil Chick

The Arch Cape Water District recently hired a new employee for the Water and Sanitary Districts. Matt Gardner reported to work on April 11th, assuming his new role as Plant Operator for the Arch Cape Water and Sanitary Districts.

Matt comes to Arch Cape after previously serving as Fire Captain for the Cannon Beach Fire Department. During his tenure with Cannon Beach Fire, Matt was also an E.M.T. and the training officer for the Department.

"I'm very excited to be here, and look forward to the opportunity to integrate into the community and learn the infrastructure of the Water and Sanitary Districts," says Gardner.

Matt's primary duties will be to operate Arch Cape's membrane wastewater and water treatment plants built in 2009 and 2013. He will



also be responsible for the operation and maintenance of the collection and distribution systems. Mr. Gardner will begin as an Operator-in-Training while pursuing the necessary certifications required to operate the plants.

"Matt has a proven service record with the community. He is very public service oriented, and has achieved an impressive array of accomplishments in his former career.

I see that directly carrying over to a bright future with the Arch Cape Districts," says Arch Cape Water and Sanitary District Manager, Phil Chick.

When Matt isn't working, you can usually find him on the Nehalem or Necanicum River, pursuing salmon and steelhead. Matt is recently engaged and currently resides in Cannon Beach.

Give him a wave and a warm welcome when you see him working out in town!



New colors just arrived! Have you worn out your dove gray Arch Cape sweatshirt? Now we have every size in bright red and royal blue full zip hoody sweatshirts, as well as bright red and royal blue tee shirts in all sizes.

Summer is coming and there's nothing like walking the beach in a cozy Arch Cape sweatshirt! You can purchase your sweatshirt or tee at Jack's Thrift Store or by calling Linda Lapp Murray at 503.436.0893.

The sweatshirts cost \$40 and the tees are \$16. We also have Arch Cape coffee mugs in forest green for \$9. There are dove gray sweatshirts and navy tee shirts left. If you are interested in these items just call Linda at 503.436.0893.

Health Notes - Can Chocolate Be Good for You?

by Diane Matson R.N.

It's been reported in the media for years that eating chocolate is heart healthy, helps prevent cancer, and is a pick-me-up when you're feeling down. But is it true?

We do know that flavanols in cocoa beans, an ingredient in chocolate, are antioxidants, meaning that they may reduce damage to cells. Damaged cells can lead to cancer development. What we don't know is to what extent chocolate itself has an effect. There have been a number of studies done on the health benefits of chocolate, but these studies mostly asked people to remember how much chocolate or chocolate products they consumed, then compared it to whether or not they have had heart problems or cancer. So while the results of these studies are interesting, they really don't tell us if it's the chocolate itself making a difference, or it it's the flavanols, which are also found in other foods.

Regardless, the studies have come back with mixed results. Some report that eating chocolate may lower the risk of certain cancers, while others show no benefit, and still others show that eating chocolate increases cancer risk. There is stronger evidence suggesting that eating chocolate may help prevent heart disease. Flavanols have been shown to lower blood pressure and make your heart, veins and arteries work better.

What does this mean to you and your dessert choices? Try small amounts of high-quality dark chocolate with at least 70% cocoa. It might give your heart some benefit, and it generally has less sugar and saturated fat than milk or other kinds of chocolate.

However, dark chocolate is still candy, and it still has extra calories, sugar and fat. Eat it sparingly. After all, we know that being overweight or obese is clearly linked to certain types of cancers, not to mention diabetes, heart disease, and other chronic illnesses. If you want to get more antioxidants, turn to fruits and vegetables which are full of cancer-fighting antioxidants and phytochemicals.

Arch Cape - Falcon Cove Beach Community Club

The Community Club meets four times yearly on the third Saturday of February, May, September, and November. Membership in the club is \$16 for a household and includes membership as well as a subscription to this newsletter.

Not a member? Please join or renew today. You can mail to ACFCB Community Club, Attn: Treasurer, 79729 Hwy 101, Arch Cape, OR 97102

The Tunnel Echoes is published 4 times per year: February, May, September, November.

Board Members

John Piatt — President Dan Seifer — Vice President Charles Dice — Treasurer Diane Matson — Secretary Danña Kittell — Member Linda Lapp Murray — Member Court Carrier — Member





